

Sit & Stand





Built for working, for workers and for well-being.
Every detail thought through and well executed.
These desks create great and agile places to work.

The flexibility to alter easily to suit individual styles
and needs; inherent strength to withstand a long
working life.

Yet they remain stylish. Form has followed
function to a degree where they enhance every
space, complement any environment, facilitate
collaboration - and will do so for years to come.



Great range

Electronic height adjustment, from 700mm to 1200mm in under 12 seconds.

Shown as a bench arrangement in oak melamine with 80mm cable port cut outs, white frame & the Spira Plus chair.





Creative use

Sit & Stand increases movement, reduces mental block, and thus increases work capacity
Desks can raise and lower lots of equipment, meeting the demands of the most creative individuals

Shown as a stand alone desk in oak melamine with 80mm cable port cut outs, white frame



Fully integrated bench

Sit & Stand back to back provides a robust bench solution.
Shown in white melamine with 80mm cable port cut outs, a white frame & the ARA chair.



Feature rich

- 1 Fingertip height controls
- 2 Easy-reach desktop integral cable management
- 3 Telescopic beam, 1200-1800mm fully adjustable height and width
- 4 Frame-mounted screen for privacy
- 5 Modesty panel infill options
- 6 Strong metal-to-metal fixings

Standard finishes

Our standard finishes form part of our 20,000 unit quick order programme. Bespoke finishes are available upon request but are subject to modified lead times.

Work surfaces



Walnut Oak Beech Maple White

Metal work



RAL9005 RAL 9006 RAL 9003

Walnut available with scallop and reverse chamfer only

White and oak available with scallop detail

Beech, maple, oak and white are available with 80mm cable port cut out access

Stand to reason

No human body evolved to sit at a desk all day. That's why the health benefits of standing while you work can be so marked, just because that's how the human body was designed.

As in all things, moderation is the key, but standing to work for a short time, or holding standing meetings can make you healthier, happier, and better able to concentrate. Even when you're sitting down.

Increased capacity

Standing up while working increases movement, provides freedom and reduces mental blocks. This means greater workforce capacity.

Feel the burn

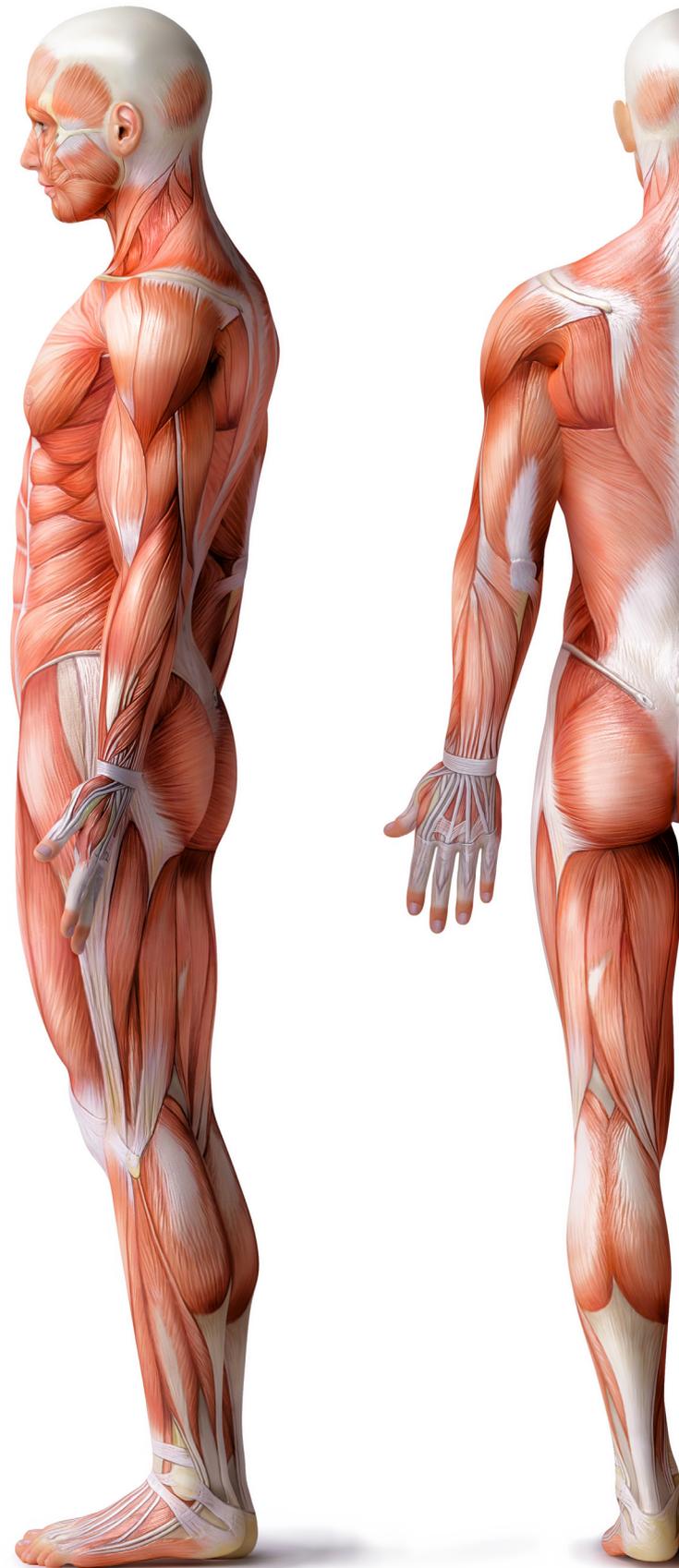
Studies show standing at your desk causes the heart to beat an average of ten beats per minute faster. That's fifty calories an hour burnt.

Reduce metabolic risk

Prolonged sitting is associated with greater metabolic risk, diabetes and heart disease. Standing, and moving, reduces the risk.

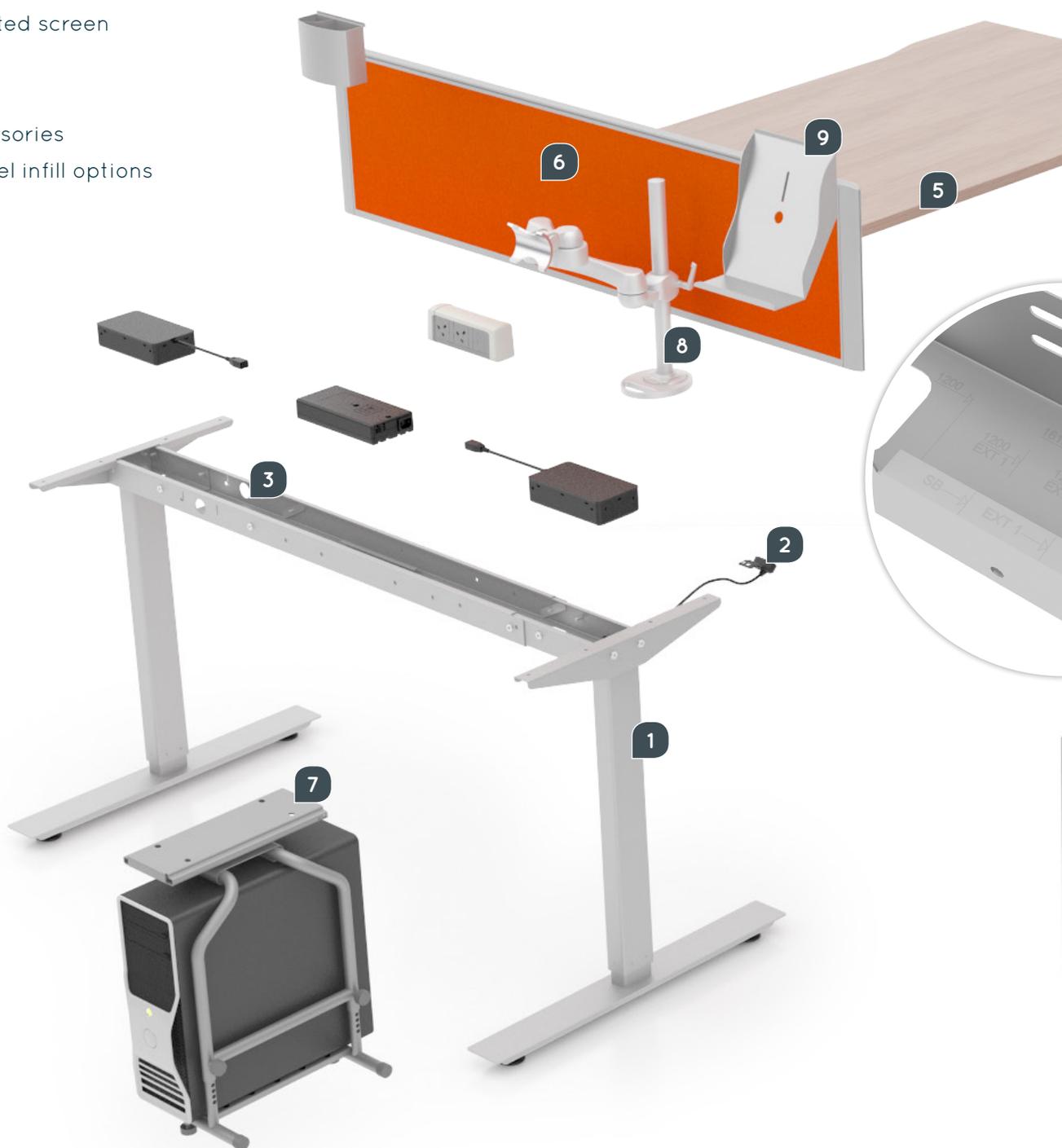
Live longer

In 2009 over 17,000 workers were studied. The conclusion? We should avoid extended periods of sitting. A study in the US found that sitting for less than three hours per day might increase life expectancy by as much as two years.

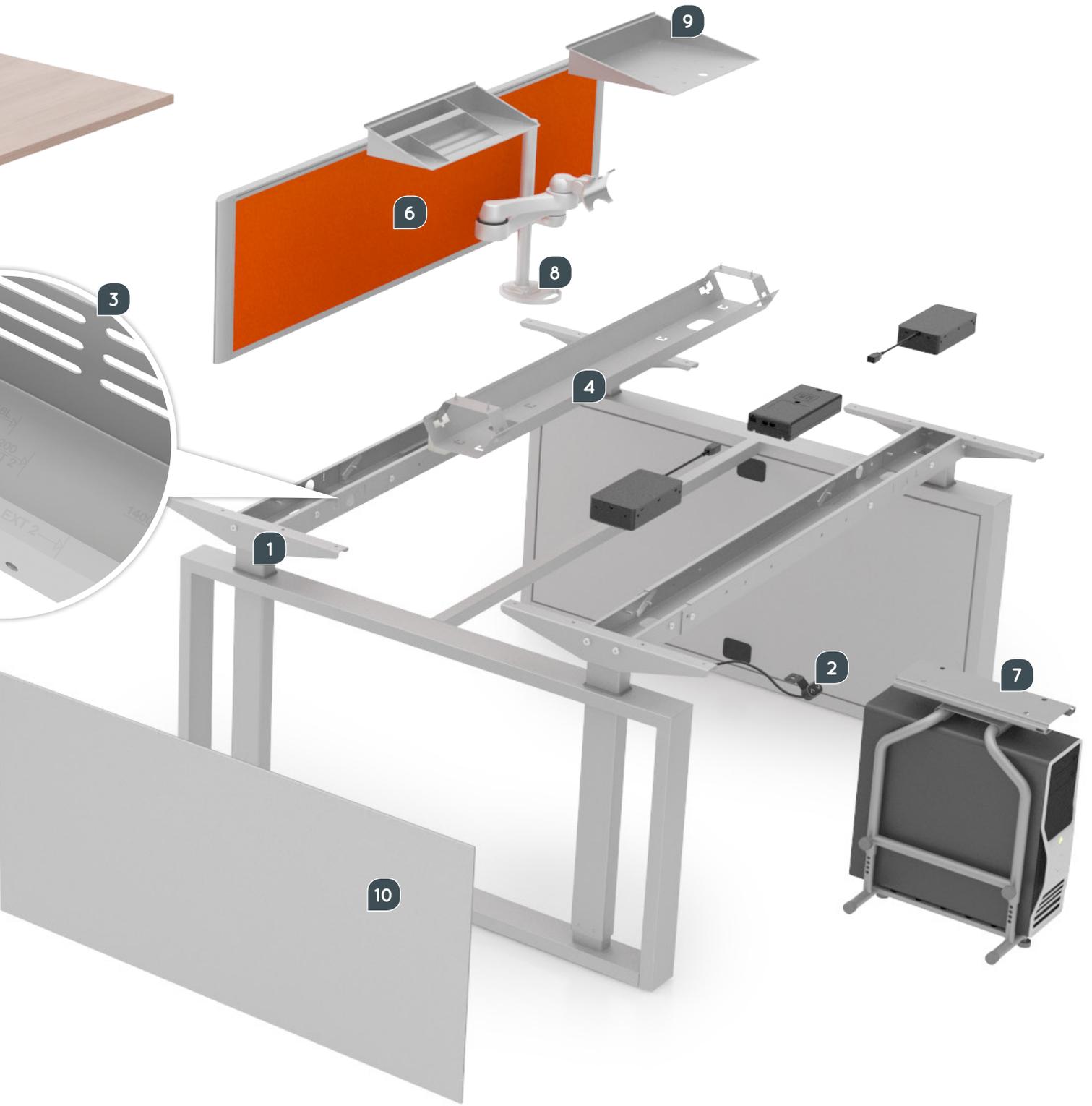


Construction components

- 1 Height adjustable frame
- 2 Fingertip height controls
- 3 Telescopic beam: 1200mm to 1800mm
- 4 Cable management tray
- 5 MFC work surface
- 6 Frame-mounted screen
- 7 CPU holder
- 8 Monitor arm
- 9 Screen accessories
- 10 Modesty panel infill options



Above: A single Sit & Stand frame.



Above: A shared Sit & Stand frame.

Assurance of supply

20,000 workstations are available immediately from stock. This underpins our unbreakable, personal promise: we will deliver on time, at the time agreed, and that your furniture will be snag free.

Forty years' experience in the interiors industry has taught us that, sadly, promises are sometimes broken as easily as they are made. That is why we invest so heavily in our plant, our processes and our people; so we may keep our promises. Without exception.

FIRA Gold Standard

Our products are FIRA Gold certificated, an independent scheme widely regarded as a best in class. It means you can specify our products with complete confidence, knowing that they are proven to all necessary and applicable standards. Standards maintained through annual, third party, auditing.

The environment

An in-house environmental team have reduced our energy consumption, increased our recycling and developed a furniture-recycling programme.

Our company and our people are socially and ethically aware, mindful of equal opportunities, engaged in charitable activities and always keen to give back to the community.





Obtain planning content, further images, certifications and technical information from our customer services team.

Visit our showroom:
112 Cornwall Street South
Kinning Park, Glasgow, G41 1AA

0141 419 0437 | info@claremont-centre.com
www.claremont-centre.com

